

HENRY FORD LEARNING INSTITUTE: SCHOOL FOR CREATIVE STUDIES DISTRICT

LUNCH MENU SEPTEMBER 2017

MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
No School	Glazed Chicken Drum Brown Rice Green Beans Dinner Roll (veg Opt) Veggie Chicken Patty CAESAR SALAD Whole Fruit Alt. Turkey Sandwich	Cheese Burger w/Lettuce & Tomato French Fries Baked Beans (veg Opt) Veggie Cheese Burger w/Lettuce & Tomato COLE SLAW Sliced Peaches/Pears Alt. Turkey Sandwich	Meat Loaf Mashed Potatoes & Gravy Steamed Corn Veg Meat Loaf- (veg Opt) Dinner Roll VEGGIE SALAD Whole Fruit Alt. Turkey & Cheese	French Bread Cheese Pizza Green Beans PASTA SALAD Sliced Peaches/Pears Alt. Turkey Sandwich
MONDAY 11	TUESDAY 12	WEDNESDAY 13 EARLY RELEASE	THURSDAY 14	FRIDAY 15
Turkey Frank French Fries Baked Beans (veg Opt) Grilled Cheese Sandwich SALAD BAR Whole Fruit Alt. Turkey & Cheese	Breaded Chicken Drum Corn on the Cob Oven Roasted Potatoes Dinner Roll (veg Opt) Veg Chicken Nuggets APPLE CRANBERRY SALAD Sliced Peaches/Pears Alt. Turkey & Cheese	Sloppy Joe French Fries Steamed Broccoli (veg Opt) Vegetarian Sloppy Joe Tuna/Chicken Salad Sliced Peaches/Pears Alt. Turkey Sandwich	Meat Ball Stroganoff w/Pasta Green Beans (veg Opt) –Veggie Stroganoff Dinner Roll APPLE CHEDDAR COLE SLAW Sliced Peaches/Pears Alt. Turkey & Cheese	Baked Potato Chili Veg Chili- (veg Opt) Steamed Broccoli SALAD BAR Whole Fruit Alt. Turkey & Cheese
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Grilled Chicken Sandwich w/Lettuce & Tomato Green Beans (veg Opt) Veggie Chicken Sandwich w/Lettuce & Tomato TOSS SALAD Sliced Peaches/Pears Alt. Turkey & Cheese	Salisbury Steak Mashed Potatoes & Gravy Steamed Corn (veg Opt) Veg Salisbury Steak- Dinner Roll CAESAR SALAD Whole Fruit Alt. Turkey & Cheese	Bacon Cheese Burger w/Lettuce & Tomato Oven Roasted Potatoes Baked Beans (veg Opt) Veggie Cheese Burger w/Lettuce & Tomato COLE SLAW Sliced Peaches/Pears Alt. Turkey Sandwich	Chili Dog French Fries Peas (veg Opt) Grilled Cheese Sandwich Vegetarian Chili VEGGIE SALAD Sliced Peaches/Pears Alt. Turkey & Cheese	Pepperoni Calzone Steamed Broccoli & Carrots (veg Opt) Cheese Quesadilla- PASTA SALAD Whole Fruit Alt. Turkey & Cheese
MONDAY 25	TUESDAY 26	WEDNESDAY 27 EARLY RELEASE	Thursday 28	FRIDAY 29
Macaroni & Cheese Bread Stick Peas SALAD BAR Sliced Peaches/Pears Alt. Turkey & Cheese	Beaded Chicken Sandwich w/Lettuce & Tomato French Fries Baked Beans (veg Opt) Veg Breaded Chicken APPLE CRANBERRY SALAD Whole Fruit Alt. Turkey & Cheese	Nacho Chips w/ Cheddar Cheese Sauce Seasoned Ground Beef Mexican Corn (veg Opt) No Meat Tuna/Chicken Salad Sliced Peaches/Pears Alt. Turkey & Cheese	Spaghetti W/ Meat Sauce Mixed Vegetables (veg Opt) Spaghetti w/Sauce Dinner Roll APPLE CHEDDAR COLE SLAW Whole Fruit Alt. Turkey & Cheese	Pepperoni Pizza Slice Steamed Broccoli & Carrots Cheese Pizza - (veg Opt) CHEF SALAD Whole Fruit Alt. Turkey & Cheese
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY

USDA AND THIS INSTITUTION ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS

1% White & Fat Free Flavored Milk Offered Daily