

HENRY FORD ACADEMY: SCHOOL FOR CREATIVE STUDIES DISTRICT

LUNCH MENU - FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1	FRIDAY 2
			Mini Corn Dogs Baked Beans Steamed Corn (veg Opt) Grilled Cheese Sandwich Whole Fruit Alt. Turkey Sandwich	French Bread Cheese Pizza Green Beans SALAD Apple Sauce Alt. Turkey Sandwich
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Turkey Frank French Fries Mixed Vegetables (veg Opt) Veggie Frank SALAD Whole Fruit Alt. Turkey & Cheese	Breaded Chicken Drum Green Beans Brown Rice Dinner Roll (veg Opt) Chicken Nuggets SALAD Sliced Strawberries Alt. Turkey & Cheese	Sloppy Joes French Fries Baked Beans (veg Opt) Veggie Sloppy Joes Salad Whole Fruit Alt. Turkey Sandwich	Meat Ball Stroganoff w/Pasta Green Beans (veg Opt) –Veggie Stroganoff Dinner Roll Salad Sliced Strawberries Alt. Turkey & Cheese	Cheese Pizza Steamed Broccoli Bread stick SALAD Whole Fruit Alt. Turkey & Cheese
MONDAY 12	TUESDAY 13	WEDNESDAY 14 EARLY RELEASE	THURSDAY 15	FRIDAY 16
Cherry Blossom Chicken Stir Fry Veg w/Rice (veg Opt) Cherry Blossom Chicken Dinner Roll Baby Carrots SALAD Sliced Strawberry Cup Alt. Turkey & Cheese	Salisbury Steak Mashed Potatoes & Gravy Steamed Corn (veg Opt) Veg Salisbury Steak- Dinner Roll SALAD Whole Fruit Alt. Turkey & Cheese	Bacon Cheese Burger w/lettuce & tomato Oven Roasted Potatoes Baked Beans (veg Opt) Veggie Cheese Burger Salad Apple Sauce Alt. Turkey Sandwich	Chili Dog French Fries Peas (veg Opt) Vegetarian Chili Dog SALAD Sliced Fruit Cup Alt. Turkey & Cheese	Pepperoni Calzone Steamed Broccoli & Carrots Bread Stick (veg Opt) Cheese Quesadilla- SALAD Whole Fruit Alt. Turkey & Cheese
MONDAY 19	TUESDAY 20	WEDNESDAY 21	Thursday 22	FRIDAY 23
NO SCHOOL	Beaded Chicken Sandwich w/Lettuce & Tomato French Fries Baked Beans (veg Opt) Veg Breaded Chicken SALAD Whole Fruit Alt. Turkey & Cheese	Nacho Chips w/ Cheddar Cheese Sauce Seasoned Ground Beef Mexican Corn (veg Opt) No Meat Salad Apple Sauce Alt. Turkey & Cheese	Spaghetti W/ Meat Sauce Mixed Vegetables (veg Opt) Spaghetti w/Sauce Dinner Roll Salad Whole Fruit Alt. Turkey & Cheese	Pepperoni Pizza Slice Steamed Broccoli & Carrots Bread Stick Cheese Pizza - (veg Opt) SALAD Whole Fruit Alt. Turkey & Cheese
MONDAY 26	TUESDAY 27	WEDNESDAY 28 EARLY RELEASE	Thursday	FRIDAY
Chicken Nuggets Oven Roasted Potatoes Green Bean Chicken Nuggets-(veg Opt) Dinner Roll Whole Fruit Salad Alt. Turkey & Cheese	Chicken Egg Roll w/ Veggie Brown Rice (veg Opt) Vegetable Egg Roll SALAD Whole Fruit Alt. Turkey & Cheese	Soft Tacos Seasoned Ground Beef Mexican Corn Refried Beans (veg Opt) Soft Tacos SALAD Sliced Fruit cup Alt. Turkey & Cheese		

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1% White & Fat Free Flavored Milk Offered Daily